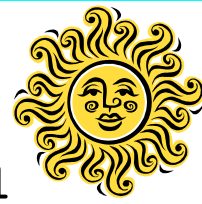




# Splash Flash



Mid-January, 2009

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## JANUARY & FEBRUARY EVENTS

January 21<sup>st</sup> - Board of Directors Meeting, 5:30-8 pm at Hinkley

January 25<sup>th</sup> – Rocky Mtn. Figure & ½ Routine Meet. Thompson Valley H.S. Teal & Gold Teams (4 Figures & ½ Routines)

February 7<sup>th</sup> – Novice/Intermediate & 12 & Under Age Group Meet at Rangeview HS in Aurora. Silver & Teal Teams

February 18<sup>th</sup> – Board of Directors Meeting, 5:30-8 pm at Hinkley

March 1<sup>st</sup> – Senior Association & 13-15 Invite, Colorado College, Colorado Springs. Purple & Gold Teams

## JANUARY & FEBRUARY BIRTHDAYS

Audrey McMahon – 1/10  
Coach Melanie – 1/17  
Amber Dalton – 1/20  
Dani Gustavsen – 2/09  
Coach Sheila – 2/14  
Coach Brittany – 2/14

## DON'T FORGET!

Please don't forget your big/little sisters for their first meets! For the Novice/Intermediate meet (2/7) & the 13-15 Invite/Senior Association Meet (3/1) we would like for you to share with your big/little sister **your favorite saying**. This may be something bought or handmade – be creative! If you aren't able to attend their meets, please bring your good luck items to practice on the Wednesday before the meets.

## 5..4..3..2..MEET TIME!

Counting today's practice (and assuming there are NO snow days) there are only 9 practices until the Novice/Intermediate meet!

Counting today's practice there are only 20 practices until the 13-15 Invitational & Senior Association Meet.

## 2009 ROCKY MTN NOVICE/INTERMEDIATE MEET

This meet will be held on Saturday, February 7, 2009 at Rangeview HS in Aurora. The schedule will be handed out very soon. Silver & teal team members will be competing in this meet. Please mark your calendars.

## SCHEDULE CHANGES

Attached is a new February practice schedule – it is considerably different than the first one – PLEASE look it over & make note of the cancelled and added practices!

THANK YOU!

**Rangeview High School Address:**  
17599 E. Iliff Avenue, Aurora 80013

**Fitzsimmons Pool Address:**  
1924 Wheeling Street, Aurora 80045

**SENIOR ASSOCIATION,**

## **13-15 INVITATIONAL & 13 & UNDER AGE GROUP INVITATIONAL**

This meet will be held at Colorado College in Colorado Springs on Saturday, March 1<sup>st</sup>. I have not received the official meet announcement for this meet yet, but will pass on the information for it as soon as it is available.

## **Rocky Mtn Figure Meet & ½ Routine Critique**

January 25<sup>th</sup> at Thompson Valley High Schools. All swimmers on the Purple & Gold Teams will compete in 4 Figures. ½ Routines with scores & critiques from judges will be awarded. All swimmers will wear black suits & white caps for all events. Times, schedule & directions have been emailed & are attached.

## **PRACTICE SCHEDULE CHANGE**

Beginning Saturday, 1/10 practice will be held for all teams from 8:00 – 10:00 a.m.

Because of the shortened time for Saturday practices it is incredibly important that everyone arrive on time & ready to jump in the pool!

## **ALSO**

Practice on Saturday, 1/24 will be held at Rangeview HS instead of Hinkley. Same hours 8-10 am!

## **GET TO KNOW**

## **YOUR COACHES**

### **Melanie Stanton**

*Birthday* – January 17<sup>th</sup>

*Education:* Bachelors degree in Behavioral Sciences and Elementary Education

*In synchro:* for 35 years.

*Other places you have coached or swam:* Swam as a kid with Virginia Vale and at Sheridan with the Tarpons (now Splash). Coached with Tarpons/Splash for 14 years now, going on 15; Coached for Cerritos Synchronettes in CA for 5 years, swam masters with the Southern California Unsyncables and now for Splash Masters.

*Years with Splash:* Going on 15<sup>th</sup> year.

*Favorite Animal:* Koala or Cat

*Favorite Color:* hmmmmm, I like them all, I guess navy blue.

*Favorite Breakfast:* Eggs, toast and hashbrowns (greasy ones)

*Favorite Lunch:* Mexican food - hot green chile

*Favorite Dinner:* Sushi

*Favorite Dessert:* Ice cream

*Favorite Drink:* Coffee and beer (nice balance)

*Favorite Junk Food:* Cheetos

*Favorite Restaurant:* Hard choice - The Cherry Creek Grill or Japans

*Favorite TV Show:* At the moment: The Biggest Loser

*Favorite Music:* Alternative or 80's

*Favorite Store:* don't have one.

*Other Hobbies:* Traveling to sunny places, snorkeling, scuba diving.

*Collections:* Not much of a collector.

**THANK YOU!**  
**Splash Volunteers**  
**2008-2009 Season**

**Operations**

- \*New Membership Coordinator:  
*Mary Wybenga*
- \*Team Volunteer Coordinator:  
*Janet Wertz*
- \*Team Apparel Coordinator:  
*Karen Welter*
- \*Winter Holiday Party Coordinator:  
*Jolene Roberts*
- \*Team Overnight/Breakfast Coordinator:  
*Melissa Sphatt*
- Girl Scouts Try It Day Coordinator:  
*Melissa Sphatt*
- \*End of Season Awards Coordinator:  
*Jolene Roberts or Leslie Herndon*
- WebMaster:  
*Mary Pieratt*

**Travel & Meets**

- \*Team Travel Assistant to Coach Shari:  
*Kathy McKean, Terri Littleford & Barb McNichols*
- \*Chaperone Coordinator:  
*Karen Welter*
- \*Chaperones for Zones:  
*Purple – Janet Wertz & Karen Welter*  
*Gold – Mary Pieratt & Theda Brinckerhoff*
- \*Chaperones for NAGs:  
*Purple – Terri Littleford & Leslie Herndon*  
*Gold – Jeanette Basdeo & Jolene Roberts*
- \*Overall Meet Volunteer Coordinator:  
*Janet Wertz*
- \*Scoring Volunteer Coordinator:  
*Pete McMahon*
- \*Team Videographer:  
*Mike McKean*

**Fundraising**

- \*Scrips Coordinator:  
*Janet Wertz*
- \*Butter Braids Coordinator:  
*Bridget Gustavsen*
- Tagawas Holiday Coordinator:  
*Jeanette Basdeo*
- \*King Soopers Coupon Coordinator:  
*Karen Welter*
- \*Sunflower Market Coordinator:  
*Melissa Sphatt*

**Communications**

- \*Publicity Coordinator:  
*OPEN*
- \*Recruiting Coordinator:  
*Kathy McKean*

**Splash Board 2007-2008**

- President: *Mike McKean*
- Vice President: *Janet Wertz*
- Secretary: *Mary Wybenga*
- Treasurer: *Sheila Burdon*
- Member-at-Large: *Bridget Gustavsen*
- Member-at-Large: *Joe Welter*
- Bingo: *Leslie Herndon/Bridget Gustavsen*

**2008-09 SPLASH  
TEAM MOMS**

- 18-19 Jolene Roberts &  
Jeanette Basdeo
- 16-17 Leslie Herndon, Karen  
Welter & Janet Wertz
- 13-15 Shirley Dalton
- 11-12 Ying Jin

**THANK YOU EVERYONE!**

## Bingo Bits

We are beginning the most profitable (historically) quarter for bingo. With that in mind, I would like to remind everyone of a few things:

**C**ount everything! Count your Progressive/Specials/Daubers before you begin selling. Count your beginning bank to ensure accuracy. Count your Progressives/Specials/Daubers accurately after you are finished selling.

**A**rrive on time and ready to work. Don't expect to eat lunch/dinner at the hall. You are there to work, and when you are eating/chatting on the phone/texting your friends, someone else is having to do the job that you were scheduled to do.

**R**ead the helpful tips that are available at the hall. Read the Bingo Bits that are in most newsletters; everyone benefits from helpful reminders. Make it a goal to learn one job that you don't know each Bingo scheduling period. The more of us that are cross-trained means less bingo commitments for everyone in the future!

**E**xpect to achieve high profits, and make bingo a more successful fundraiser! Treat each bingo session you work as if the money you are making is yours; indirectly, it is. **SELL** the game cards, progressives, pickles. They don't sell themselves, and you would be amazed at what the power of suggestion can do.....

If we all take a little more **CARE** in everything we do at Bingo, we all win! Here is to the most successful 1st quarter we have had in a long time!

Thanks!  
Leslie Herndon, Bingo Manager

## Team T-Shirts

If you ordered a team t-shirt, PLEASE pay for & pick them up from Karen Welter by January 24<sup>th</sup> – or we will release them to sell to the rest of the team. Thank you.

## SEQUINING ADVICE

This may be old news to some, but it was an experiment that really worked out to be a great help!

We have found that some of the sequins we have tend to attach themselves to your fingers/hands and won't let go due to static electricity. Place a fabric softener sheet on the suit you are sequining and place the sequins on the fabric sheet. This really cuts the static electricity and stops the sequins from "sticking" to you.