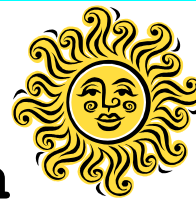




Splash Flash



Mid-December, 2009

HAPPY HOLIDAYS!

DECEMBER & JANUARY EVENTS

Dec. 24th & 25th – No practice

Dec. 31st & Jan. 1st – No practice

Jan. 20th - Splash Board of Directors Meeting, 5:30-8 p.m. at Hinkley

January 30th – Rocky Mtn Figure & ½ Routine Meet, Teal & Gold Teams at TVHS (more info to follow)

JANUARY BIRTHDAYS

Coach Melanie – 1-17

HAPPY HOLIDAYS EVERYONE!

A truly heartfelt thank-you to each & every one of you associated with our very special team. All of us as coaches are always very touched by the generosity & kindness of the families on our team. We are all very lucky to have the support & dedication of each and every one of you.

Please take the time during this holiday season to share life's gifts of love and friendship.

HOLIDAY PARTY THANK YOU' S!

A huge thank you to Jolene Roberts and her family for their hours of preparing for and hosting the Holiday Party. It was so much fun! Many thanks to Jolene for hosting the gingerbread house making party also!

½ ROUTINE MEET

Teal & Gold Teams

Sunday, January 30th
at TVHS

Figures – those being done
at Zones.

Routines: Half routine or 2min
(whichever comes first);
13-15 (Zone Invitational) &
15-up (Zone - Senior).

FEBRUARY 21ST MEET

Silver, Teal & Gold Teams

Sunday, February 21st

at Colorado College – Colo Spgs

Figures & Routines

11-12 Age Group, 13-15 Age
Group & 15-up Age Group

**Please note: This meet now includes
the 11-12 Age Groupers and replaces
the meet that was originally
scheduled for February 6th!**

NEWSLETTER NEWS

A minimum of once a month the *Splash Flash* is put in the swimmer's mailbox & is also sent out via email. Please take the time to read this very important newsletter. This is our way of communicating team information to every family.

If you have something you would like to be printed in the newsletter, please email it to Shari. (I do attempt to send out the newsletter around the 1st of the month & around the 15th).

If you are not receiving this newsletter, please contact Shari. There are always extra copies of the newsletter in the mailbox bin at Hinkley and the newsletters are posted on the Splash website at www.rmsplash.org

SEQUINS

After you receive your suit/headpiece it is time to start sequining! All sequins & beads are at every practice. Just check with Shari to help you get what you need. Be sure to return any unused items to Splash when you are done.

LONG PRACTICES

If you are one of the lucky ones practicing on the Monday and/or Tuesday long practices – please be sure to bring a snack/lunch with you! Thank you!

HOLIDAY PRACTICE SCHEDULE

Regular practices will be:

Saturday, 12/19 (as usual)

Monday, 12/21, 9:00 am – 2:00 p.m.
(teal & gold teams), 5:30 – 7:30 pm
(silver team)

Tuesday, 12/22, 9:00 am – 2:00 p.m. (teal & gold teams), 5:30 – 7:30 pm (silver team)

Wednesday, 12/23, Regular Practice

Thursday, 12/24 No Practice.

Saturday, 12/26 – Regular Practice

Monday, 12/28, 9:00 am – 2:00 p.m.
(teal & gold teams), 5:30 – 7:30 pm
(silver team)

Tuesday, 12/29, 9:00 am – 2:00 p.m. (teal & gold teams), 5:30 – 7:30 pm (silver team)

Wednesday, 12/30, Regular Practice

Thursday, 12/31, No Practice

Saturday, 1/2 Regular Practice

Monday, 1/4 *Back to normal schedule!*

If you have any questions, please check with your coach!

SUIT & HEADPIECE INFO

Please do not wait until the last minute to design headpieces & sequin & rhinestone suits. If we have to order any of the above we would rather know about it now – not the day before the meet!