



Splash Flash



February, 2010

FEBRUARY & MARCH EVENTS

February 6th – Long Practice at Rangeview,
see calendar.

February 7th – Novice/Intermediate Meet at
TVHS, Loveland - Ellen

February 14th – Extra Practice at Carmody,
see calendar.

February 15th – Landdrill practices (Hinkley
Closed), please check with coach for
schedule.

February 17th – Splash Board Meeting 5:30-8
p.m. at Hinkley

February 20th – Long Practice at Rangeview,
see calendar.

February 21st – Rocky Mountain Senior
Association & 11-12, 13-15 Invitational.
Colorado College in Colorado Springs Gold,
Silver & Teal Teams

March 4th – 7th – North Zone Championships,
Lakewood, CO. Gold & Teal Teams

March 17th – Splash Board Meeting 5:30-8
p.m. at Hinkley HS

March 20 – Novice/Interm/12 & U AG Meet
– TVHS (Routines only)

February Birthdays

Dani Gustavsen – 2/9

Coach Brittany – 2/14

Erika Guilbault – 2/17

UPDATED SCHEDULE

A revised schedule for the
February 21st meet is attached.

HAPPY VALENTINE'S DAY EVERYONE

Wishing everyone a wonderful Valentine's
Day!

Every day I realize I am truly blessed to
have such an outstanding group of
coaches, families and young ladies
associated with this team.

From the bottom of my heart,
Thank you! Shari

1/2 Routine Critique & Figure Meet

WAY TO GO SWIMMERS!

A great start to the season – routines looked
okay for this early & figures are coming
along. Of course we know that there are
always tons of things that need to be worked
on & tweaked – but all of the coaches are
very proud of the swimmer's efforts
at this meet!

Figure results have been sent out & posted
on the website. Mike McKean has sent out
the link to view routines.

Please let Shari know if you did not get any
of this information.

**THANK YOU &
GREAT JOB COACHES!**

CONGRATULATIONS SUPER GIRL!

The Super Girl of the Month
Award for January is given to
the Splash swimmer that has
shown extra motivation & has
been going above & beyond in
hard work & extra effort.

Congratulations to the January
Super Girl –
Alicia Meyer!

SCHEDULE CHANGE IMPORTANT

Practices held at Saturday, 2/6 & 2/20 are 8-11 a.m. for the Silver Team and 8 a.m. to 12 noon for the Teal & Gold Teams. Both practices will be held at **Rangeview High School**

DON'T FORGET!

Please don't forget your big/little sisters for their first meets! Remember the limit for spending is \$2.00, and for this first meet you are supposed to share your favorite inspirational saying. Please be creative. If you aren't able to attend their meets, please bring your good luck items to practice on the Wednesday before the meets.

Meets:

Ellen – Sunday, 2/7

Silver, Teal & Gold Teams – Sunday, 2/21

GOOD LUCK ELLEN!

The first routine meet of the year for the Novice & Intermediates will be held on Sunday, February 7th at TVHS in Loveland. Sure hope everyone can come watch!

The schedule was included in the last newsletter, please let me know if you need another copy.

PRIVATE LESSONS

Another reminder that some coaches are available for private lessons at Beck Recreation Center. Available times are listed below:

Coaches' availability is as follows:

Melanie - Wed & Fri, 4-5 pm

Melanie & Katy – Saturday 12-1 and Sunday any time between 12-4:50.

Teagan – any time outside of regular practices.

Beck Pool Open Swim Hours are:

M/W/F 2 - 5 PM

T/TH 1-5 PM

SAT/SUN 12 - 4:50 PM

SPLASH MEET EXPECTATIONS

We are fast approaching our competitive portion of our season. I would like for you to be aware of a few things (that may not always get communicated to everyone).

*All swimmers should remove **all** jewelry (rings, bracelets, watches, anklets) before the competition – leaving them all at home is a great idea. NO jewelry is allowed during figure OR routine competition.

*All swimmers should remove all nail polish (fingers & toes) before arriving at the meet.

*All swimmers will need to have a full dress sweat outfit at the meet

*All swimmers are expected to arrive at the meet on time & stay through the end of awards.

*All swimmers are expected to support all teammates. Loud cheering is always appreciated!

*Please support the host team's concession, for many this is one of their only fund-raisers.

*Everyone appreciates support from all of their team members. Even if you are not swimming, please try to attend the competitions.

WE HAVE SPIRIT – HOW ABOUT YOU?

Please remember to wear your team shirts to meets! It is pretty impressive to see a sea of purple & teal in the stands!