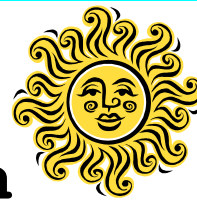




# Splash Flash



September, 2008

## Rocky Mountain *SPLASH* 2008-2009

The 17<sup>th</sup> competitive season for *Splash* will begin with mandatory practices for all swimmers starting **Wednesday, September 3<sup>rd</sup> from 5:30-7:30 p.m. at Sheridan.** The schedule will change to the same as last year after a couple of weeks. If you know anyone interested in joining *Splash*, please let them know about this starting date.

**All swimmers** will begin with the Monday & Wednesday 5:30-7:30 p.m. practice schedule throughout September. 13 & up age group swimmers will begin Thursday practices on September 25<sup>th</sup> 5:30-7:30 p.m. at Sheridan.

### **SOUTH SUBURBAN LESSON PROGRAM**

South Suburban's lesson program will begin on September 11<sup>th</sup>. This session runs 6 weeks, meeting on Thursday nights from 7-8 p.m. at Sheridan Pool. Registration takes place through South Suburban. If you know anyone interested in lessons, please let them know.

### **SEPTEMBER EVENTS**

**September 3<sup>rd</sup> – Yippee!** First day of practice. Sheridan Pool. 5:30 p.m.

**September 13<sup>th</sup> & 14<sup>th</sup> –** Summerset Festival – Foothills Rec. Saturday, 9-6, Sunday, 9-5.

**September 11<sup>th</sup> –** South Suburban Fall Lessons begin. 6:30-7:30 p.m. at Sheridan.

**September 24<sup>th</sup> –** Happy Hour at the pool! Registration 5:30 – 6:00 p.m. & Mandatory Parents Meeting – 6:00 – 7:30 p.m.

### **SEPTEMBER BIRTHDAYS**

Siobhan Basdeo 9/06

### **2008-2009**

#### **Board of Directors**

President – Mike McKean  
Vice President – Janet Wertz  
Secretary – Mary Wybenga

Treasurer – Sheila Burdon  
Member-at-Large – Bridget Gustavsen  
Leslie Herndon – Bingo Chairperson

### **BOARD MEETINGS**

Most *Splash* board meetings are held on the third Wednesday of every month. The date for the board meeting in September will be announced at a later date.

### **Summerset Festival**

Summerset Festival is September 13<sup>th</sup> and 14<sup>th</sup>. *Splash* will again have a booth to promote the team. We have recruited some great swimmers from this venue and hope to do the same this year.

Please check your schedule and see when you will be able to help us out.

## 2008-2009 Competitive Season

The beginning of a new season is always very difficult. The questions begin – what team am I going to swim on? what routines am I going to do? what is our music? what are our suits going to look like?

The rumors start & are very difficult to deal with at times. No matter what you hear – the coaches have made NO decisions on who is going to be doing what this year.

Please know that ALL of the coaches want what is best for every single swimmer on this team. Every decision that we make is with every swimmer's best interest in mind.

How can you as a parent help? Please support your child and remind them to do the best that they can at every practice. Get them to practice on time & fully prepared to be able to give 110% every day.

We will be trying to make decisions on routines as soon as possible. Until then we will be training to get back in shape, working on skills and also teaching routines to everyone.

Thank you for your support & your understanding.

## 2008-2009 Competitive Schedule

This year's meet schedule will not be finalized until the middle of October but I would really appreciate if you already know of dates that will be a conflict (graduations, weddings, etc) that you get those to Shari asap. This will help in avoiding any potential conflicts later. Thanks!

## USED ITEMS FOR SALE

Let Bridget Gustavsen know if you have any old sweats, parkas or any Splash items that you may be interested in selling.

## IPODS, ANYONE?

The team would like to transition away from using tape recorders for land drilling at practices & meets & start using IPODS! If anyone has any kind of IPOD laying around that they don't use anymore & would be willing to donate it to the team we would be very appreciative!

Please remember that all donations to the team are tax-deductible. Thank you!

## DON'T MISS THIS...

Round up your family and come to *Splash's* Happy Hour. This is a great opportunity to get to know everyone on the team & have an appetizer or two. This special event will take place during practice on Wednesday, September 24<sup>th</sup>. A **mandatory parents meeting** (official notice will be forthcoming), registering athletes, signing up for volunteer positions, & an overview of bingo are just some of the things that will be highlighted that evening – don't miss out! *Parents, please bring a copy of your current insurance card for our medical records. We will be filling out USSS registration forms too.*

## GIRL SCOUTS IN SYNC SATURDAY

On Saturday, October 11<sup>th</sup> Splash will be hosting our 3<sup>rd</sup> Annual Girl Scouts in Sync Saturday. This is a chance for Girl Scouts throughout the Denver Metro area to try our sport & see what a great team we have!

We will be running one session this year – 9:00 am – 12 noon (check-in at 8:30 am). Girls on our team will be needed as volunteers – please mark your calendars!

If you know of any Girl Scout troops, or individual Girl Scouts that may be interested, please pass the word on to them.