



Splash Flash



September, 2011

Rocky Mountain *SPLASH* 2011-2012

The 20th competitive season for *Splash* will begin with mandatory practices for all swimmers starting **Wednesday, September 7th from 6:30-8:00 p.m. at Hinkley**. If you know anyone interested in joining *Splash*, please let them know about this starting date.

Please check the calendars for practice times, and note the Wednesdays that have a late start in practice time.

ROCKY MTN SPLASH LESSON PROGRAM

Splash's lesson program will begin on October 6th. This session runs 4 weeks, meeting on Thursday nights from 4-5 p.m. at Hiawatha Davis & 6-7 p.m. at Hinkley H.S. Pool. Registration takes place through Janet P. Cost for a 4-week session is \$50. If you know anyone interested in lessons, please let them know.

SEPTEMBER BIRTHDAYS

Karalyn Dement – 9/6
Kyra Lindley – 9/10
Mara Pasquarella – 9/8

SEPTEMBER EVENTS

September 7th – Yippee! First day of practice. Hinkley Pool, 5:30-7:30 p.m.

September 19th – Board of Directors meeting. 6:00 p.m. at Hinkley. All parents are welcome to attend. ****Please note change of date****

September 28th – Happy Hour at the pool! Registration 5:30 – 6:00 p.m. & Mandatory Parents Meeting – 6:00 – 7:30 p.m.

2011-2012 Competitive Season

The beginning of a new season is always very difficult. The questions begin – what team am I going to swim on? what routines am I going to do? what is our music? what are our suits going to look like?

The rumors start & are very difficult to deal with at times. No matter what you hear – the coaches have made NO decisions on who is going to be doing what this year.

Please know that ALL of the coaches want what is best for every single swimmer on this team. Every decision that we make is with every swimmer's best interest in mind.

How can you as a parent help? Please support your child and remind them to do the best that they can at every practice. Get them to practice on time & fully prepared to be able to give 110% every day.

We will start trying to make decisions on routines around the first to middle of October. Until then we will be training to get back in shape, working on skills and also teaching try-out routines to everyone.

Thank you for your support & your understanding.

2011-2012 Competitive Schedule

This year's meet schedule will not be finalized until the middle of October but I would really appreciate if you already know of dates that will be a conflict (graduations, weddings, etc) that

you get those to Shari asap. This will help in avoiding any potential conflicts later. Thanks!

Tentative timing for competitions this year:

*Winter Figure Meet (everyone) –
1st part of Dec.*

Novice/Interm Meet – 1st part of Feb.

*Sr Assoc/13-15 Meet (Purple &
Gold Teams) – End of Feb.*

*North Zone Championships (Purple & Gold
Teams) – March 8-11*

*Assoc Championships (everyone) – April
Regional Championships (everyone) – May
Natl Age Groups (Purple & Gold Teams)
– June 22 - 30*

USED ITEMS FOR SALE

Let Vicki Bennett know, by Sept 21st, if you have any old sweats, parkas or any Splash items that you may be interested in selling. All apparel will be for sale & ordered at the Happy Hour meeting on September 28th. It is important that everyone is there to purchase or place their orders so we don't have ordering taking place for months!

DON'T MISS THIS...

Round up your family and come to *Splash's* Happy Hour. This is a great opportunity to get to know everyone on the team & have an appetizer or two. This special event will take place during practice on Wednesday, September 28th. A **mandatory parents meeting**, registering athletes, signing up for volunteer positions, & an overview of bingo are just some of the things that will be highlighted that evening – don't miss out! *Parents, please bring a copy of your current insurance card for our medical records. We will be filling out USSS registration forms that evening too.*

GIRL SCOUTS IN SYNC SATURDAY

On Saturday, October 1st Splash will be hosting our 6th Annual Girl Scouts in Sync Saturday. This is a chance for Girl Scouts throughout the Denver Metro area to try our sport & see what a great team we have!

We will be running one session – 9:00 am - 12 noon (check-in at 8:30 am) at Rangeview H.S. Girls on our team will be needed as volunteers – please mark your calendars!

If you know of any Girl Scout troops, or individual Girl Scouts that may be interested, please pass the word on to them.

SATURDAY PRACTICES

Please note that Saturday practices, for all age group swimmers, goes from 8 – 11 a.m. The last hour of this practice will be on land – please bring appropriate work-out attire (no jeans) and tennis shoes are required!

COLOR COPIES

If anyone is able to make color copies for free, please let Shari know. We would love to be able to save money in mass-producing our recruiting flyers. Thank you in advance!

BOARD MEETINGS

The date for the board meeting in September has been changed to Monday, September 19th. All parents are invited & are encouraged to attend.

KEEP IN TOUCH!

Teagan Darst
1305 Waterfront Drive, #301
Virginia Beach, VA 23451
720-227-3010

Aubrey Wall
Box 2215

Lindenwood University
St. Charles, MO 63301

Ohio – Kroger
Kansas – Qwik Shop & Dillons

SWIM OUTLET

Splash has set up an affiliate link through swimoutlet.com. They have great prices and a very good assortment of swim gear. You can purchase goggles, swim caps, suits, and many more items.

The team will earn 8% on everything purchased. So be sure and order all of your swim needs through our team's link.

<http://www.swimoutlet.com/rmsplash>

A few other stores in the Kroger Family of Stores to check on: City Markets, Ralph's, Food 4 Less, Fry's, QFC, Smith's Food & Drug, Baker's, Cala Foods, Hilander, Jay C Food Stores, Owen's, Payless Super Markets.

This is just a sampling – so be sure & ask around to see if stores in other areas will take the King Soopers cards! Don't forget – the cards are also good at Loaf 'N Jugs when purchasing gas.

END OF YEAR VIDEO DVD's

The end of year video is available for \$2.00. Please let Shari know if you would like one. Signed up already are: Bailey, Bennett, Cimino, Darcy, Dement, Gallagher, Gilbert, Grambart, Martin, Meyer, Papper, Pasquarella (3), Robertson, Vrooman, Wall,

*The toughest part of
getting to the top of the ladder,
is getting through
the crowd at the bottom.*



DID YOU KNOW?

You do not have to use your King Soopers cards at King Soopers? Get friends and relatives to also use cards at the following stores across the country!

California – Foodsco
Washington – Fred Meyers