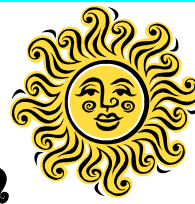




Splash Flash



Mid-December, 2006

HAPPY HOLIDAYS!

DECEMBER & JANUARY EVENTS

December 27th – New Date.

Splash Board of Directors Meeting.
All families invited. 6-8 p.m. at
Sheridan.

Dec. 25th – No practice

Dec. Jan. 1st – No practice

**Jan. 17th – Splash Board of Directors
Meeting, 6-8 p.m. at Sheridan**

**Jan. 12th – South Suburban synchro
classes begin (Friday 7:00 – 8:00
p.m.), Sheridan**

HOLIDAY PARTY THANK YOU' S!

A huge thank you to Jolene Roberts and her family for their hours of preparing for and hosting the Holiday Party. It was definitely a success! Thank you also to Melanie Petersen for helping to organize & set up.

A special thank you to those that stayed & helped clean up!

HAPPY HOLIDAYS EVERYONE!

A truly heartfelt thank-you to each & every one of you associated with our very special team. All of us as coaches are always very touched by the generosity & kindness of the families on our team. We are all very lucky to have the support & dedication of each and every one of you.

Please take the time during this holiday season to share life's gifts of love and friendship.

NEW SWEATS & SPLASH GEAR

Now that everyone has been receiving all of their new Splash sweats, shirts, etc... Please make sure to go home & immediately write your name on the items so that they do not get mixed up.

NEW INSURANCE INFO?

Please make sure that any new insurance cards are copied & given to Karen Welter for our records. We absolutely have to have current insurance information with us all of the time! If a swimmer's card is not current they will not be allowed to travel on trips with the team.

NEWSLETTER NEWS

A minimum of once a month the *Splash Flash* is put in the swimmer's mailbox & is also sent out via email. Please take the time to read this very important newsletter. This is our way of communicating team information to every family.

If you have something you would like to be printed in the newsletter, please email it to Shari. (I do attempt to send out the newsletter around the 1st of the month & around the 15th).

If you are not receiving this newsletter, please contact Shari. There are always extra copies of the newsletter in the mailbox bin at Sheridan and the newsletters are posted on the Splash website at www.rmsplash.org

1/2 ROUTINE MEET

Teal, Purple & Gold teams
Sunday, January 28th,
Thompson Valley H.S.

Figures – those being done at Zones.
Routines: Half routine or 2min (whichever comes first); 10-u AG, 11-12 AG, 13-15 (Zone Invitational), 15-up (Zone Senior).

SUIT & HEADPIECE INFO

Please do not wait until the last minute to design headpieces & sequin & rhinestone suits. If we have to order any of the above we would rather know about it now – not the day before the meet!

THREAD & NEEDLES

Splash has beading thread, \$.75/each, and beading needles, \$.25/each available for purchase. Just ask Jolene or Shari next time you are at the pool.

SEQUINS

After you receive your suit/headpiece it is time to start sequining! All sequins & beads are at Sheridan in the storage office. Just check with Shari to help you get what you need. Be sure to return any unused items to Splash when you are done. All swimmers will be charged \$5.00/suit for sequins. Rhinestones will be invoiced separately.

**CHAPERONES – MANDATORY
FIRST AID & CPR
TRAINING**

This year Splash is asking that all chaperones attend, or already have training in, First Aid & CPR training.

On Saturday, March 11, 2006 at 12:30 (after practice) Coach Katy will conduct a CPR and First Aid class for chaperones.

Fees and registration forms will follow at a later date.

**THANK YOU
CHAPERONES**

The following are those that have volunteered to be chaperones for regional trip this year.

Zones:

Teal Team – Karen Welter & Leslie Herndon
Purple Team – Susan Suby & Jeanette Basdeo
Gold –