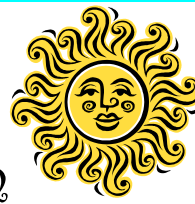




# Splash Flash



May, 2007

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## MAY EVENTS

*May 12-13* – Region D Intermediate and Age Group Championships. Colorado College, Colorado Springs

*May 14<sup>th</sup>* - No practice for anyone!

*May 16<sup>th</sup>* – Board Meeting. All families are invited. 6-8 p.m. at Sheridan

*May 28<sup>th</sup>* – Memorial Day. No practice for any team.

June 2<sup>nd</sup> – Bingo begins again \*YAY!\*

June 9<sup>th</sup> – Show at Janet Elway's home for the YMCA event. Teal, Purple & Gold teams. 7:00 p.m.

June 10<sup>th</sup> – End of Year Show at Sheridan. Approx 1:30 – 3:30 p.m.

## BIG/LITTLE SISTERS

For the Age Group & Intermediate Regional Meet May 12-13, please share with your big/little sisters your last good luck gift for the year. \$7-\$10 is the range, show them how much you appreciated their support this year - be creative ☺

## MAY BIRTHDAYS

Allison Coates – May 19<sup>th</sup>

Sadie Littleford – May 5<sup>th</sup>

Hannah Sphatt – May 25<sup>th</sup>

Rachel Wertz – May 12<sup>th</sup>

## DON'T FORGET...

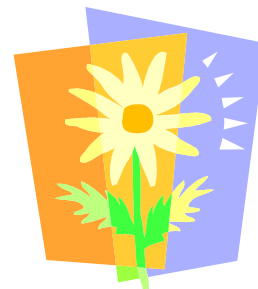
May & June are very busy times for swimmers & their families. Please be sure & let your coach know if you are unable to attend a practice **well in advance!**

## PLEASE BE SUPPORTIVE

We are coming to a difficult time of year when some routines will be moving on to another level & some may not. Please remember that although swimmers may have some individual routines – we are all still part of a bigger team and that is the MOST important thing.

Being supportive of every single swimmer on the Splash team is what we strive for as coaches & ask the same of every swimmer & parent. Thank you!

**HAPPY MOTHER'S DAY  
SPLASH MOMS...  
YOU ARE THE BEST!**



## CONGRATULATIONS SWIMMERS!

What a great meet! Congratulations to all of our swimmers!

Grand Slam winners at this meet were: Allison Coates & Teagan Darst – way to go girls!

All of the results are listed on the Splash website ([www.rmsplash.org](http://www.rmsplash.org)), but I would like to make special mention of our 1<sup>st</sup> place winners!

### Intermediate B Figures:

13-15 – Sadie Littleford

### Age Group Figures:

16-17 – Teagan Darst

18-19 – Allison Coates

### Age Group Routines:

11-12 Solo – Cassie Herndon

18-19 Solo – Allison Coates

13-15 Duet – Kaylin Darst & Erika Guilbault

16-17 Duet – Teagan Darst & Lauren Slater

18-19 Trio – Teagan Darst, Lauren Slater & Anna Zelinskaya

16-17 Team – Siobhan Basdeo, Mackenzie Brinckerhoff, Taylor Daniels, Syena Davidson, Kendra Roberts & Lizzy Rivera

18-19 Team – Victoria Burdon, Allison Coates, Teagan Darst, Audrey McMahon, Becky Rolapp, Lauren Slater, Haley Suby & Anna Zelinskaya

## WAY TO GO COACHES!

**Thank you Coaches Andrea, Debi,  
Katy & Melanie!**

**We couldn't have done it without  
you!**

## MAY DAY AT O'TOOLE'S

WOW - A huge success at the May 1<sup>st</sup> Open House for O'Toole's. Thank you to Karen & Joe Welter for shopping & cooking all day. And to the Cimino's, Herndon's, Darst's, Welter's and Nancy Guilbault for helping serve food to over 250 people!



## THANK YOU!

Many thanks to all who donated and help work, set-up, take down the concession stand and to those who also purchased goodies on Saturday. We couldn't do it without YOUR help!!! All of your time and donations earned the team \$765. This amount will be put towards the goal of \$2000 of general team fundraising in the budget. Including the \$765, we have reached approximately \$1300 towards that \$2000 goal. Please let me know if you have any questions.

And THANK YOU AGAIN!!! Melissa Sphatt

## Rocky Mountain Splash 2007 End-Of-Year Water Show

The time & day for this year's end-of-year water show has been set. We will be performing at Sheridan Pool, Sunday, June 10<sup>th</sup>. The doors will open at 12:30 for the bbq & silent auction, swimmers need to be there by 12:00 p.m., the show will begin at 1:30. Please spread the word to families, friends & anyone else who may be interested in synchronized swimming. Flyers are attached for all Splash families to pass out to friends & relatives. Let Shari know if you need more.

## **SUMMER SCHEDULE – SILVER TEAM**

**Beginning the week of May 15<sup>th</sup>.**  
The silver team will continue to practice through the end-of-year water show on June 10<sup>th</sup>.  
Wednesday, 5:30 p.m. – 7:30 p.m.  
Saturday, 9:00 a.m. – 11:00 a.m.  
No Monday practices!

### **June Elections**

In June we will be voting on one new Board position for RM Splash Parent Organization, Vice President. If you know of anyone who could/would fill this role, please see any of the board members. As always - anyone can run for any position - if you are interested in any position on the board, please let a board member know. All nominated persons will be voted in at the general member meeting in June.

### **DUES ARE DUE**

Please make sure that your account is current – ALL dues for the year will be due when you receive your last notices in May, June or July. If you are more than 2 months behind in dues you may be considered in poor standing with the team & may not be allowed to travel or return to the team in the fall!

## **SAY CHEESE ☺**

We would love to have as many pictures as possible submitted to use for the end-of-year video. I can scan them & then return them to you or just email them to me at [syncbear@pcisys.net](mailto:syncbear@pcisys.net)

## **VOLUNTEERS NEEDED FOR REGIONAL MEET**

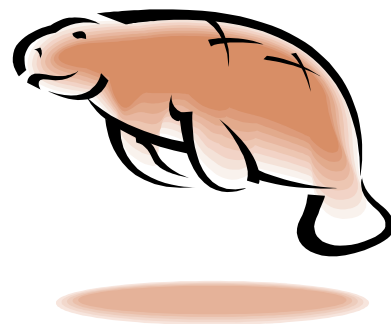
We will need volunteers for reading and recording scores, etc. - you know the drill! We need to turn in names prior to the meet so please contact Nancy Rolapp & Judy Moretti ahead of time to let them know when you are available.

Please take some time to volunteer.  
Thank you!

*The top 3 Age Group qualifiers from each event & in each age group at the Regional Meet at Colorado College will compete at the National Age Group Championships in Oxford, Ohio this summer!*

**Please invite friends & families to this exciting meet. Wear your Splash stuff & cheer LOUD!**

## **LET'S GO SPLASH!**



## THANK YOU...

To all that purchased items from the Hot Glass Creations fundraiser. Carol Burkett said that it was a huge success & a check will be coming back to the team soon! Thanks again.

## CONGRATULATIONS

### ALLISON!

Allison has returned from Indianapolis where she competed in the U.S. National Championships. Allison placed 18<sup>th</sup> (out of 20) in her solo & has qualified for Phase 3 of Senior National Team 2 Trials which will be held next fall. Way to go Allison!

## THANK YOU FOR DONATIONS!

Thank you to the following families/companies that have donated items for our hot dog stand:

Ken Daniels – soda

GSM/Moretti – hot dogs

Nancy Guilbault – hot dog buns

Many others have donated cases of water & soda – thank you!

## EVENT ATTIRE

Please remember when attending any function representing Splash to wear your team shirt! For the hot dog stand – please wear any Splash team shirt & nice jeans or shorts (no holes, please!). When attending shows (such as the one at Janet Elway's), swimmers should wear full dress sweats – parents/coaches should wear Splash shirts. Remember wherever we go we are representing our team & should dress accordingly! Thank you!

## COLORADO SPRINGS - HERE WE COME!

We have received the **FINAL** meet schedule (which is **REVISED**) for the regional meet in Colorado Springs and it is below.

If you have any questions, please let Shari know.

\*\*AG stands for Age Group

\*\*Out of order means that there are swimmers that have conflicts on the date of the meet & need to leave early – therefore they are allowed to compete “out of order” and will receive a penalty which is added on to their figure and/or routine score.

### Saturday, May 12

7:45- 8:00	Lap Swim
8:00- 8:20	16-up AG Figure Warmups
8:20- 9:30	16-up AG Figure Competition
9:30- 9:55	13-15 AG and Intermediate A Figure Warmups
9:55-11:10	13-15 AG and Intermediate A Figure Competition
11:10-11:35	12-under AG and Intermediate B Figure Warmups
11:35-12:15	12-under AG and Intermediate B Figure Competition
12:15-12:35	Lunch Break
12:35-12:55	Intermediate and 12-under AG Duet Warmups
12:55- 1:55	Intermediate and 12-under AG Duet Competition
1:55- 2:15	13-up AG Duet Warmups
2:15- 3:15	13-up AG Duet Competition
3:15- 3:35	Intermediate and 12-under AG Solo Warmups
3:35- 4:15	Intermediate and 12-under AG Solo Competition
4:15- 4:35	13-up AG Solo Warmups
4:35- 5:35	13-up AG Solo Competition

### Sunday, May 13

7:30- 8:00	Lap Swim
7:45- 8:00	Intermediate Figure Panel for Out-of-Order swimmer
8:00- 8:20	Intermediate and 12-under AG Trio, Out-of-Order Soloist and Out-of-Order 13-15 AG Team Warmups
8:20- 9:30	Out-of-Order Intermediate Solo, followed by Out-of-Order 13-15 AG Team and then Intermediate and 12-under AG Trio Competition
9:30- 9:50	13-up AG Trio Warmups
9:50-10:50	13-up AG Trio Competition
10:50- 11:10	Intermediate and 12-under AG Team Warmups
11:10-12:00	Intermediate and 12-under AG Team Competition
12:00-12:20	13-up AG Team Warmup
12:20- 1:35	13-up AG Team Competition
1:50	Awards